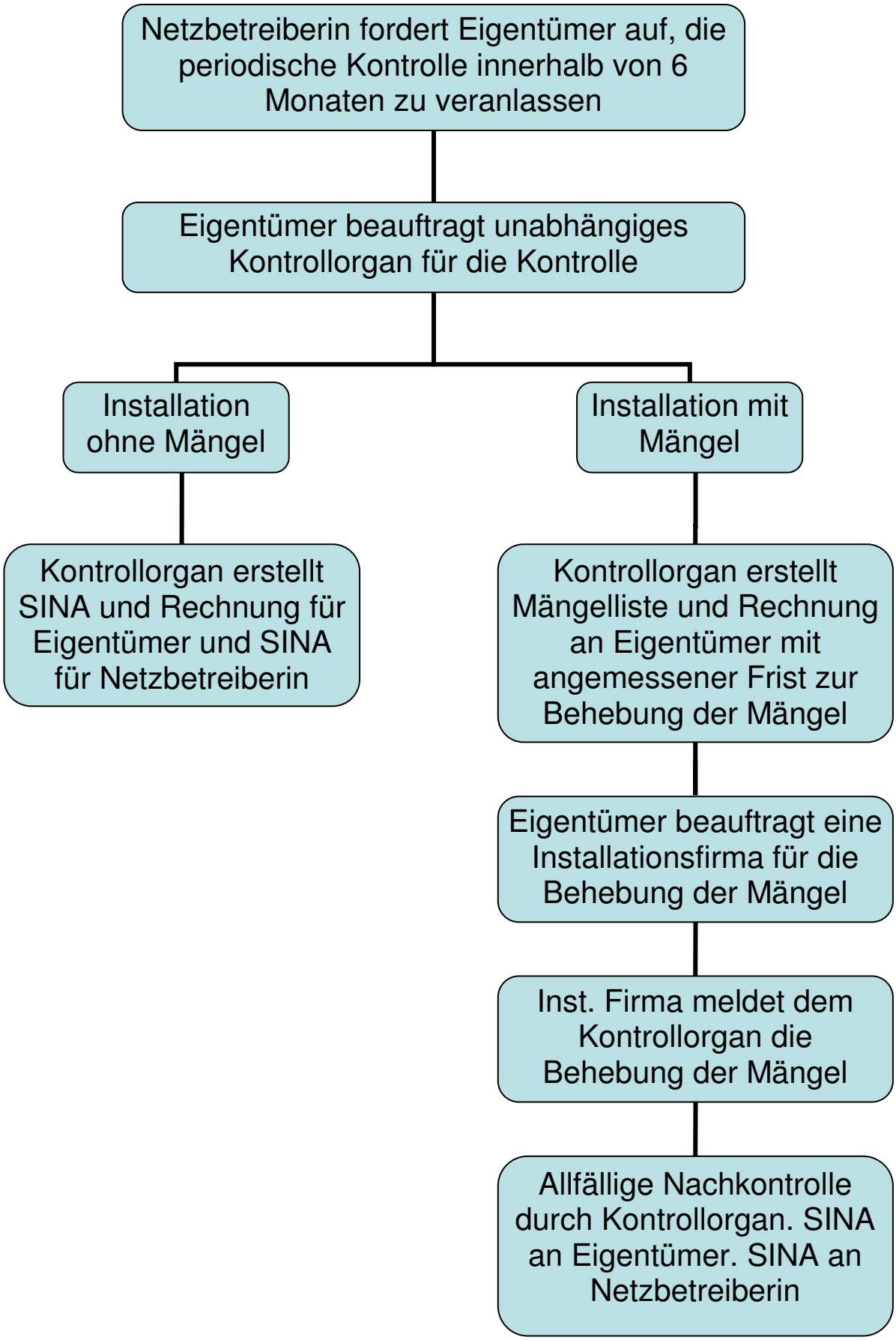Ablauf einer periodischen Kontrolle